

Thursday, January 21, 2021

Hey Church Family,

I think many times we have a wrong concept of fasting. We think of it like a Genie in the bottle. Our fasting becomes the key to unlock the “magic”, like our sacrifice requires His action. What fasting does is it puts us into a position of vulnerability with God.

Pastor said, “In the garden man partook of the restrictive and died. The new Adam restricts the allowable and life springs into new dimensions!”

The point of fasting is not to get something out of God, but rather allow Him to work in our lives. When we fast we open ourselves up to Him. Whenever we come into this part of Consecration, I am reminded of Jesus in Luke 4. The Bible says that the Spirit lead Jesus into the wilderness and there He fasted for 40 days. For many of us a time of fasting feels like a time of being in the wilderness (or maybe I’m the only one) because it is tiring and sometimes tough to push through. However, I am reminded that if Jesus, being fully human and fully God, understood the need to be in intimate communion with the Father then how much more so do I? This week I want to encourage you to press into God as you deny the permissible to allow Him to take you into a deeper relationship. We do not fast to get something out of God rather we want to align ourselves with His purpose.

Love you all!

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Helping Each Other Experience A Growing Relationship With Jesus